



*In the name of Allah, the Most Gracious, the Most Merciful*

## **The Islamic Society of Central Jersey**

A Non-Profit Tax Exempt Organization, Tax ID # 22-2086228

4145 Rte 1 South & Rte 522  
Mailing Address  
P. O. Box 628  
Monmouth Jct., NJ 08852-0628

Phone : 732-329-6995  
Fax: 732-329-1988  
Website: [www.iscj.org](http://www.iscj.org)  
Email: [Admin@iscj.org](mailto:Admin@iscj.org)

---

### **A Quick preparation for RAMADAN**

- Start reading Quran daily after Salat al-Fajr.
- Spend some time listening to recitations from the Quran.
- Train yourself to go bed early so that you can wake up for Salat al-Fajr.
- Keep yourself in a state of Wudu (Ablution) most of the time.
- Evaluate yourself daily before going to bed.
- Thank Allah for good deeds, and repent to Him for your mistakes and sins.
- Start giving Sadaqah daily, no matter how little. Make it a habit like eating and drinking.
- Find time to pray extras, such as Tahajjud prayers.
- Spend more time reading Islamic books, especially the Quran, Hadith, and Fiqh.
- Find time to help others with your wisdom, knowledge and other talents.
- Try to write articles on Islam for Muslims as well as for non-Muslims.
- Associate with Muslim scholars / ulama and other pious people so that you may learn from them.
- Train yourself to do good, render free service to others to seek the pleasure of Allah.

### **What to avoid**

- Avoid/reduce watching TV; instead spend more time reading the Quran and other Islamic literature.
- Avoid looking at unlawful pictures, whether magazines, department store catalogs or otherwise.
- Spend free time in Masajid, Islamic organizations and make that a daily habit.
- If you smoke, try to reduce daily usage; otherwise Ramadan will be very difficult for you to observe.
- If you travel a lot on business, try to do more local business, so you can be more closer to your family and community.
- If you are used to staying up till midnight, try to go to bed earlier, so that you will be able to wake up early for Salat al-Fajr and Tahajjud prayers as well.

To prepare ourselves before the month of Ramadan arrives is far better than waiting till it comes. To prepare ourselves for anything in life is a sign of wisdom and maturity. No one is assured of living one day more; tomorrow may not come. So hurry and benefit from blessings and rewards from Allah. Remember: "Time is not money or gold; it is life itself and is limited. You must begin to appreciate every moment of your life and always strive to make the best use of it."



*In the name of Allah, the Most Gracious, the Most Merciful*

## **The Islamic Society of Central Jersey**

A Non-Profit Tax Exempt Organization, Tax ID # 22-2086228

4145 Rte 1 South & Rte 522  
Mailing Address  
P. O. Box 628  
Monmouth Jct., NJ 08852-0628

Phone : 732-329-6995  
Fax: 732-329-1988  
Website: [www.iscj.org](http://www.iscj.org)  
Email: [Admin@iscj.org](mailto:Admin@iscj.org)

---

### **A Quick Checklist**

- Make a resolve to win the maximum favor of Allah by performing extra Voluntary prayers (Nawaafil), making frequent Dua and increased remembrance (Dhikr).
- Try to recite some Holy Quran after every Prayer. In fact if you read 3-4 pages after every Prayer you can easily finish the entire Quran in Ramadan!
- Study the Tafseer (commentary) every morning.
- Invite a person you are not very close with or your relatives to your home for Iftaar, at least once a week (Weekend). You will notice the blessings in your relationships!
- Bring life to your family! Everyday, try to conclude the fast with your family and spend some quality time together to understand each other better.
- Give gifts on Eid to at least 5 people: 2 to your family members, 2 to your good friends, and 1 to a person whom you love purely for the sake of Allah.
- Make commitment to join Islamic study circles to learn more about Islam and improve your own life.
- Donate generously to the Masajid, Islamic organizations, and any where people are in need or oppressed. "Because Ramadan, is a month of sharing!"
- Share month of Ramadan and its teachings of peace and patience with your neighbors.
- Sleep little, eat little! Make sure you do not defeat the purpose of fasting by over-indulging in food and being lazy.
- Seek the rare and oft-neglected rewards of the night better than 1000 months (Laylatul-Qadr / Shab-e-Qadr) .
- Weep in private for the forgiveness of your sins: Ramadan is the month of forgiveness and Allah's Mercy! It's never too late.
- Learn to control your tongue and lower your gaze. Remember the Prophet's (pbuh) warning that lying, backbiting, and a lustful gaze all violate the Ramadan fast!
- Encourage others to enjoin and love goodness, and to abandon everything that Allah dislikes. Play the role of a Da'ee (one who invites to Allah) with zeal, passion, and sympathy.
- Experience the joy of Tahajjud prayers late at night and devote yourself purely and fully to Allah in the Itikaf retreat during the last 10 days of Ramadan
- Ramadan is a good time to bring along the non-practicing Muslims to Masjid so that they also become practicing.

Continue the above practice till next Ramadan and so on....

*\*\*This has been compiled from various sources. May ALLAH SWT reward the people who helped compile this accordingly.*