

SOUTH BRUNSWICK: Islamic center to host clinic

By

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The Islamic Society of Central Jersey will offer a free community health clinic June 5 to all members of the public.

It is the second year the ISCJ will be hosting the clinic, which will feature a wide array of doctors in various specialties.

"We always offer a health clinic every other weekend but this clinic is a more concerted outreach to the community at large," said Arif Patel, a member of the ISCJ board of overseers. "This is a service we offer to the community and it's important that we're a part of the community in Central Jersey. It's also important for people to know that the ISCJ is more than just a house of worship, because we're also a community center."

The clinic will provide blood sugar checks, blood pressure checks and educational seminars on cancer screening, women's health, preventive medicine, behavior modification and a living a heart-healthy lifestyle.

Physicians from different specialties, nurses, dieticians and other health professionals and volunteers will also be on hand, including surgeons, pediatricians and endocrinologists.

"We'll have plastic surgeons on hand, we'll be giving skin screenings and also be providing advice on a number of issues," Mr. Patel said. "We believe there's a need in this community and we can fill that need with our knowledgeable professionals providing their expertise."

Mr. Patel said the ISCJ has a collection box set up to collect food for the South Brunswick Food Pantry through a partnership with the township's Social Services. Through that partnership, the ISCJ members realized there was a need for greater outreach services beyond just food.

The clinic will also provide students in various fields of medicine with the chance to gain invaluable experience by working alongside the professionals. The student volunteers will also help guide patients to the various specialists and gain experience from the numerous different doctors.

"They'll be there as observers and to help patients while being mentored," Mr. Patel said. "We hope this will help inspire and motivate them to pursue a career in the health profession."

The free health clinic is scheduled for June 5 from 10 a.m. to 1 p.m. at the ISCJ, 4145 Route 1 South and Promenade Boulevard, Monmouth Junction. For additional information contact Dr. Abdul Mughal at (609) 532-2621 or abdulrab@aol.com.